

## **Covid-19 (Corona Virus)**

Due to ongoing concerns regarding Covid-19 (Coronavirus) we want to ensure the safety of everyone visiting our sites and those they may come into contact with. Therefore we have put measures in place to help keep everyone safe and as risk free as possible.

### **Staying safe whilst on site**

- Wash your hands frequently and thoroughly for at least 20 seconds.
- Use the hand sanitizer pumps located throughout the building (available at all sites).
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
- Put used tissues in the bin immediately and wash your hands afterwards.

### **Do you have these symptoms?**

- a high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly

If you have been exposed to someone who is infected (i.e. a family member) and/or are experiencing these symptoms, please do not attend our centre, please stay at home for 14 days to prevent the potential risk of spreading the virus. Please also visit the NHS website for the most up-to-date guidance and support available - <https://bit.ly/2WniLm2>

As soon as you are able to please contact our team on 0208 808 6660 to notify us of your circumstances and non-attendance.

To keep up to date on the latest Government and national health information and advice, you may refer to the following webpages:

Government - <https://bit.ly/2U9UKMm>

National Health Service (NHS) - <https://bit.ly/2WniLm2>